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By Ann Sawyer;Judith Bachrach

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Ann D. Sawyer along with Judith E. Bachrach, are the authors of The MS Recovery Diet, Avery/Penguin Group USA, 2007. Visit their web site at www.msrecoverydiet.com.

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The MS Recovery Diet explains the background, science, and development of an alternative treatment that can ease the ravaging symptoms of multiple sclerosis. This

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Ann Sawyer, Judith Bachrach The MS Recovery Diet Language: English
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The MS Recovery Diet. Ann Sawyer and Judith Bachrach agree with appreciate the effect these efforts can have on the course of MS. As Ann and Judith

The multiple sclerosis diet book. A low fat diet for the treatment of MS. New York: Doubleday, 1987; Swank RL, Dugan BB. About MS; Recovery Program; Community;

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