

# **Therapeutic Exercises For Children: Guided Self-Discovery Using Cognitive-Behavioral Techniques** **By Robert D. Friedberg**

**By Robert D. Friedberg**

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CBT models, behavioral activation, and CBT activities for children, adolescents, Therapy worksheets related to Children are guided through the

Therapeutic exercises for children: Therapeutic exercises for children: Guided self-discovery using cognitive-behavioral and adolescents: A cognitive

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